



# Lisa sorts your beauty Q&A's

» I'm here to fix your problems



## Long lost?

**Q** I have always had fairly long hair. However, my friends keep telling me I should opt for a shorter style now I'm older. What do you think, Lisa?

Mary Hadley, West Midlands

**£50 STAR LETTER**

**A** Mary, it's your hair. You should keep it the way you like it. But here are a few tips...

**1** Check out Michelle Pfeiffer and Kim Basinger. Both more mature, but their long locks look amazing.

**2** Use moisture-boosting products such as **Boots Beautiful Hair Moisture & Nourish Mask**, £3.50.

**3** Keep greys covered up with **Nice'n Easy AgeDefy Permanent Hair Colour**, £6.99. It will leave your hair glossy too.

**4** To help keep your hair in tip-top condition from the inside, take a hair supplement.

**Nice'n Easy Hair Oil**, £1.95 for 30.



## Furry friendly

**Q** I hate the idea of using beauty products that have been tested on animals. How can I ensure that the make-up products I use are cruelty-free?

Kathryn Miller, Pading, West Yorkshire

**A** It's easier than you think, Kathryn. Big brands such as **Bellapierre**, **Superdrug** and **M&S** are taking the cruelty-free route. If you're in any doubt about a make-up product, check on the **crueltyfreeinternational.org** website.



**Balmi Cube**, £4.99, **Superdrug** Available in Roseberry, Cherry and Blackcurrant, this **SPF15 lip balm** is packed full of shea butter and jojoba oil.

And it's not just for lips. Use it to tame brows, soothe sore skin and soften dry patches.



## Party hair!

**Q** Do you have any tips on how I can do my hair for an upcoming party?

Ashli Sparkes, Lymington, Dorset

**A** Slicked-back straight hair is the latest trend – check out Gigi Hadid and Kendall Jenner. Start by raking **Toni & Guy Prep Volume Plumping Mousse**, £6.99, through your hair. Next, use a **Mark Hill Salon Professional Super Hair Straightener Straight & Sleek**, £25.

Then brush your hair back off your face, and keep in place with **Lee Stafford Poker Straight Dehumidifier Spray**, £5.99.



## Spend: Waxing kits

Removal

**SAVE** The temperature indicator is a great idea. But more strips are needed to do a leg and bikini wax.

**SPEND** Brilliant at removing even the shortest hairs, and very easy to use.

**SPLURGE** If you're a waxing fan, it's worth splashing out on this kit. You'll be smooth in minutes.

